



# Class Performance Group Selection Policy

## Overview of the training

The class training program is designed to support sailors of all abilities. The overarching aim is to support each sailing pair to develop their skills in the 420 boat and engender their passion for sailing, driving a desire for Increased levels of participation and a willingness of the sailors to compete in the class organised domestic events and where appropriate consider international representation of the British International 420 Class.

Strategically the training structure is aimed at building confident, robust and skilled sailors in all weathers as well as supporting the development of sailing behaviours on and off the water in-line with the RYA and Class charter and the racing rules. As part of the 420 class commitment to the RYA Youth pathway the training aims to deliver an annual cohort of adept well rounded 420 sailors with the potential to apply for RYA Youth Squad selection.

Performance Group sailors from the 2022/2023 winter season went on to represent the class at the Junior Europeans and Worlds. They also delivered high performance results at the Youth Nationals and National championships as well as most teams moving on to Youth Squad selection.

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### 1. **Aim**

The Purpose of this document is to outline the policy for the selection criteria in 2024/2025.

### 2. **Eligibility Criteria**

- 2.1. Sailors should apply as a boat (Helm and Crew)
- 2.2. All sailors are required to be current members of the 420 Class association at all times
- 2.3. There is no upper or lower age limit for sailors within the group
- 2.4. Boats are expected to attend all the events but will be required to attend a minimum of 80% of the training dates (5 out of 6). There will be no refunds for no-shows.

### 3. **Application Process**



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Boats that wish to be considered for the group should submit an application by Friday 27th September 2024 using the relevant application [form](#). Late applications will not be considered.

- 3.1. The group will be made up of 6-8 boats selected according to the Selection principles specified in section 6 – Group Composition
- 3.2. Commitment to the group is paramount (history dictates this drives success) the class will dedicate an exclusive coach to the performance group sailors at each session for dedicated focus. In return the expectation is for sailors to attend 5 of 6 events minimum, join the off-water sessions and 1-2-1's. To support this commitment the program of events is funded upfront.

### 4. Training period and Dates

- 4.1. The training period is October 2024 – April 2025. After the RYA Youth Nationals in Easter 2025, the Group will be reviewed and may consider continuing to run alongside the RYA Youth Squad summer teams
- 4.2. It is planned that, in the main, the group will train alongside the class open training at the following locations on these dates:

|       |                          |
|-------|--------------------------|
| WPNSA | 5th/6th October 2024     |
| WPNSA | 26th - 29th October 2024 |
| TBC   | 9th/10th November 2024   |
| TBC   | 30th Nov - 1st Dec 2024  |
| TBC   | 18th/19th January 2025   |
| TBC   | 8th/9th March 2025       |

In addition, it is expected that the Group will attend the event in San Remo (19th - 23rd February 2025); a separate charge will be required for this event.

### 5. Group Composition

- 5.1. 3 Highest placed boats (non Youth squad) based on the results of the British Nationals in Dale, regardless of gender
- 5.2. The remaining 3 - 5 places will be selected from the pool of applicants by a sub committee of the main 420 Class Committee (this committee will include the Group coach and an independent member (i.e. does not have a sailor currently within the class) taking into account the following criteria.

- The 420 Class Association British Nationals



## **Class Performance Group Selection Policy**

- Performance at other events (Datchet and Warsash)
- Performance at significant international regatta
- Performance, attitude and behaviour at previous training events
- Coach feedback
- Mitigating factors affecting results
- Anticipated squad dynamics

Selected boats will be notified by Sunday 29th September 2024.

### **6. Group Acceptance**

Boats will be required to accept / decline their place by Tuesday 1st Oct and pay the full amount for training ( £630.00 per sailor ) to confirm their place in the team via the class event page (link will be supplied).

### **7. Sailor Pairing Substitutes**

If a sailor pairing splits during the training period any crew / helm substitution will only be allowed following discussions and agreement with the Group Coach and sub committee. We will not increase the size of the group to accommodate both sailors' new pairings.

### **8. Appeals**

There will be no appeals against the published selection criteria or the actions of the sub committee, provided they follow the selection criteria. The grounds for appeal may not include any alleged error of judgment of the sub committee and are limited to allegations of:

- Failure to follow due process
- Bias / Undue influence
- Some other misconduct

Should an appeal still arise the RYA appeals process will be used.